MEASURING THE EFFECTIVENESS
OF CHIROPRACTIC CARE ON EMPLOYEE WELLNESS

THIS 2018 RESEARCH STUDY
determines that the services provided by a Doctor of Chiropractic at Total Health Chiropractic Pte Ltd yield improved health outcomes, reduced costs and high levels of patient satisfaction.

LESS INSURANCE CLAIMS
93% less insurance claims, which means that you can reduce your current medical expenditure.

INCREASED PRODUCTIVITY
93%
agreed that their productivity at work had improved. In 2018, Singapore experienced a loss in productivity due to sickness costing $3.3bn.

LESS MEDICAL LEAVE TAKEN
79%
individuals advised that they had taken less medical leave days saving you $xxx. With medical inflation hitting 10% in 2019*, this is great news for organisations.

LESS SURGICAL PROCEDURES
95% stated that the chiropractic treatment they had received had prevented them from having recommended surgery.

INCREASED CONCENTRATION
82% agreed that their concentration had improved

78% stated that their quality of sleep had improved.

REDUCTION IN PAIN MEDICATION
92% of individuals previously on pain medication had taken none or less over the last year.

REDUCED STRESS LEVELS
78%
stated that their stress levels had lowered and with almost half of Singapore employers identifying stress as their number one health issue, this is great news!**

HAPPIER WORKFORCE
93% felt happier in themselves. With Singapore ranking at No. 34 in the World Happiness Report 2018***, companies can only benefit from having happier employees.

IMPROVED GENERAL HEALTH AND WELLBEING
98% agreed that their general health and wellbeing had improved!

AND INCREASED FITNESS LEVEL
92% agreed that their fitness level had improved – a healthier and fitter workforce overall!

*https://sbr.com.sg/healthcare/news/medical-inflation-in-singapore-hit-10-in-2019
**Willis Towers Watson 2017 Benefits Trend Survey
***https://www.theonlinecitizen.com/2018/03/16/singpore-ranked-34th-in-world-happiness-report-2018-finland-takes-top-position/

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